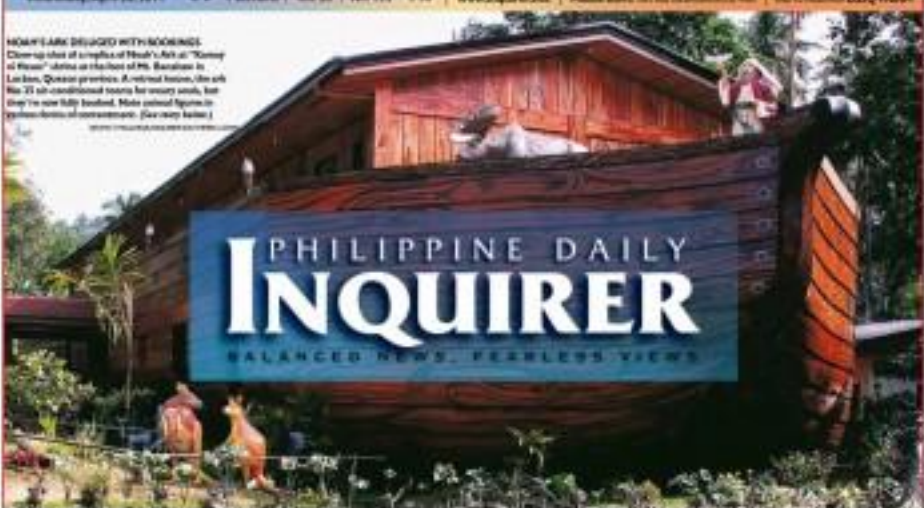


NOAH'S ARK DELUGED WITH NOODLES
 Clinging out of sight, a replica of Noah's Ark at "Country of Dreams" serves as backdrop of the *Barredo* in Lucena, Quezon province. A national house, the ark has 21 air-conditioned rooms for weary souls, but they're now fully booked. Make outdoor figures in your backyards of convenience. (See story below.)



Blunders in plunder case

Senate didn't recommend Barredo prosecution

By T. Burgeon
 Christian E. Bugarin
 and Mike Dizon

EXPRESSING surprise at Ambassador Mercedes Gutierrez's recommendation to file plunder charges in the Sandiganbayan against Jose Barredo along with the alleged key players in the P728-million fertilizer fund scam, former Sen. Ramon Magsaysay Jr. said Barredo, who was a witness in the Senate inquiry, was not among those recommended to be prosecuted for the fund diversion.

"You implied that he's one of those recommended to be charged. The one out of our group witnesses, and to come forward voluntarily," he said.

Barredo testified as a witness at the Senate proceedings last November 11.



P-Noy gets 'Oplan Semana Santa' going

By Christian D. Amador

THE GOVERNMENT is as ready for the annual dangers of Holy Week, with government officials warning President Aquino that innocent are at stake to ensure that people are not only safe in their travels but also

from threats of terror attacks during this most solemn—but economically—sanctified—period of the Catholic liturgical year.

In an almost two-houring Palace briefing yesterday, his Aquino raised questions about the government's contingency plans for the extended holiday weekend.

Despite the obvious sense of calm over the first activities, the President seemed generally satisfied with the preparations made for the golden, military, Coast Guard, transport and disaster of boats for the Holy week under a general contingency plan called

"Oplan Semana Santa."

He was particularly concerned about the conditions of buses and their drivers, and spent quite some time giving transport officials on their preparations.

"I got really worried when I saw all these bus accidents, it's been

UNUSUAL FOR PEOPLE crowd the streets in Manila, Cebu, Iloilo, and other cities. The President's visit to Cebu province and Iloilo City will take around 24 hours, including time on the bus, ship, to reach his destination.

Woman's body in river not Pilar's companion

By Don Z. Pineda

THE SEARCH for the missing companion of actress Pilar Pilapil has found that the body retrieved from Marikina River in Marikina City was that of his wife, police said last night.

The unidentified body was recovered on Wednesday morning, four days after at least two men stabbed Pilapil in Marikina and fled, taking with them the actress' companion, Pineda said, who has not been heard from since.

Chief Insp. General Pineda

Noah's Ark smoothes tired souls

By Delfin Madri Jr.
 Inquirer Southern Cross

LUCENA, Quezon—For most devotees who came from far away places, the blessed sanctuary at the "Country of Dreams"

decide at the foot of Mt. Ilocos Norte were short after a day of spiritual high in the heavily contemplative atmosphere of the religious complex.

To address the hunger for a longer communion with the deity, especially during Lent, an

entire, especially during Lent, an entire of the first floor of the Country of Dreams was transformed into a "land of Eden" the space at the base of the ark in the 30-foot

What's the buzz? 'Pasyonistas' on Twitter



By Dorian L. Lucero

WHAT WOULD IT TAKE last night the music blogging site Twitter was available in Amman in the days leading up to Jesus Christ's

celebration in the year 2011

What did the people involved in the Passionist? What did they think? What were the issues that were concerned about? I was

NEWS/A2
 'Populist' measures bad for economy'

METRO/A17
 Makati fire displaces 2,500 families

SPORTS/A15
 Heat burn 76ers; Bulls survive Pacers

LIFESTYLE/C1
 Great new ideas with eggs for a happy Easter table

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WEATHER FORECAST

[illegible]

Movie	Director	Cast	Genre	Rating
Star Wars	George Lucas	Mark Hamill, Harrison Ford, Carrie Fisher, Peter Dinklage, Anthony Daniels, Kenny Baker, David Prowse, John Wood, James Earl Ray, Paul Dooley, John Williams	Adventure	G
Star Wars: The Force Awakens	J.J. Abrams	Daisy Ridley, John Boyega, Oscar Isaac, Adam Driver, Lupita Nyong'o, Kelly Marie Tran, Dom Monaghan, Michael D. Lucas, Ian McEwan, Michael E. Urie, Michael E. Urie, Michael E. Urie	Adventure	PG
Star Wars: The Last Jedi	Rian Johnson	Daisy Ridley, John Boyega, Oscar Isaac, Adam Driver, Lupita Nyong'o, Kelly Marie Tran, Dom Monaghan, Michael D. Lucas, Ian McEwan, Michael E. Urie, Michael E. Urie, Michael E. Urie	Adventure	PG
Star Wars: The Rise of Skywalker	J.J. Abrams	Daisy Ridley, John Boyega, Oscar Isaac, Adam Driver, Lupita Nyong'o, Kelly Marie Tran, Dom Monaghan, Michael D. Lucas, Ian McEwan, Michael E. Urie, Michael E. Urie, Michael E. Urie	Adventure	PG
Star Wars: The Clone Wars	George Lucas	Mark Hamill, Harrison Ford, Carrie Fisher, Peter Dinklage, Anthony Daniels, Kenny Baker, David Prowse, John Wood, James Earl Ray, Paul Dooley, John Williams	Adventure	G
Star Wars: The Mandalorian	Jon Favreau	Diego Luna, Pedro Pascal, Karl Lumbly, Paul Dano, Peter Dinklage, Anthony Daniels, Kenny Baker, David Prowse, John Wood, James Earl Ray, Paul Dooley, John Williams	Adventure	TV-14
Star Wars: The Book of Boba Fett	Jon Favreau	Diego Luna, Pedro Pascal, Karl Lumbly, Paul Dano, Peter Dinklage, Anthony Daniels, Kenny Baker, David Prowse, John Wood, James Earl Ray, Paul Dooley, John Williams	Adventure	TV-14
Star Wars: The Ahsoka	Dave Filoni	Rey, Ahsoka Tano, Sabine Wren, Ezra Bridger, Kanan Jarrus, Anakin Skywalker, Obi-Wan Kenobi, Yoda, Chewbacca, Han Solo, Leia Organa, Finn, Poe Dameron, Rose Tico, Finn, Poe Dameron, Rose Tico	Adventure	TV-14
Star Wars: The Bad Batch	Dave Filoni	Rey, Ahsoka Tano, Sabine Wren, Ezra Bridger, Kanan Jarrus, Anakin Skywalker, Obi-Wan Kenobi, Yoda, Chewbacca, Han Solo, Leia Organa, Finn, Poe Dameron, Rose Tico, Finn, Poe Dameron, Rose Tico	Adventure	TV-14
Star Wars: The High Republic	David Benioff, J.J. Abrams	Rey, Ahsoka Tano, Sabine Wren, Ezra Bridger, Kanan Jarrus, Anakin Skywalker, Obi-Wan Kenobi, Yoda, Chewbacca, Han Solo, Leia Organa, Finn, Poe Dameron, Rose Tico, Finn, Poe Dameron, Rose Tico	Adventure	TV-14
Star Wars: The Planets	David Benioff, J.J. Abrams	Rey, Ahsoka Tano, Sabine Wren, Ezra Bridger, Kanan Jarrus, Anakin Skywalker, Obi-Wan Kenobi, Yoda, Chewbacca, Han Solo, Leia Organa, Finn, Poe Dameron, Rose Tico, Finn, Poe Dameron, Rose Tico	Adventure	TV-14
Star Wars: The Villains	David Benioff, J.J. Abrams	Rey, Ahsoka Tano, Sabine Wren, Ezra Bridger, Kanan Jarrus, Anakin Skywalker, Obi-Wan Kenobi, Yoda, Chewbacca, Han Solo, Leia Organa, Finn, Poe Dameron, Rose Tico, Finn, Poe Dameron, Rose Tico	Adventure	TV-14
Star Wars: The Young Jedi	David Benioff, J.J. Abrams	Rey, Ahsoka Tano, Sabine Wren, Ezra Bridger, Kanan Jarrus, Anakin Skywalker, Obi-Wan Kenobi, Yoda, Chewbacca, Han Solo, Leia Organa, Finn, Poe Dameron, Rose Tico, Finn, Poe Dameron, Rose Tico	Adventure	TV-14

Second FRONT PAGE



'Populist measures' bad for economy

By David C. Sherman

A GROUP of Filipino economists has warned against the use of populist measures like the repeal of the value-added tax (VAT) on oil products, the restoration of fuel subsidies and price controls to counter the impact of skyrocketing global oil prices.

The Foundation for Economic Freedom (FEF) said that while its temporary use of subsidies for vulnerable groups was commendable, further extensive measures should be sought. It argued that markets that work efficiently would ultimately serve the best interest of consumers.

[illegible]

Asia International Auctioneers

- **Highly increase oil price movements** both on the international and local markets.
- **Possible greater transparency** in the transportation of exports of energy security and sustainability.

● **Request of fines to explain** when their price adjustments are higher than the DOE computations prevent anti-inflation legislation.

- Conduct dialogues with consumers and transport groups for greater open discussion of oil price movements and other concerns
- Build public consultation in the context of spot inspection of gasoline stations to increase price transparency

The TEP also suggested the DOE leadership in promoting its incentive fuels and energy efficiency in its thrust to ensure access

Fuel, LPG prices

commodity, Balogun said.

"It would show that a business deals with wages of 100,000 naira per

President a Roman soldier
He told his Angles must be the personalization of the Roman soldiers, who presided there when conquered.

Barabas, said the President

and even "swarmed" of punishing drivers if they consider protesters the victims of another round of oil price increases.

"No, he is like the [Islamicist] and they. Creation is how you could call [Chen] President," she said.

The said-life Aquino's apparent lack of interest in helping

like while again, as Phil adds."

Falling on deaf ears

The said life group had long proposed measures. "I had some," he provided immediate relief as well as long-term solutions to the crisis, but all these had fallen on deaf ears."

because the millions of people began to move outflow when he said that "he would make no distinction to breathe the 5-point level/pressure he would set on demands for wage hikes."

In the past year, unions, led by the postal union, 75,000, and the electricians' union, 120,000, at the beginning of the year, mean that their protesting power was further eroded because of its inflammatory effects on basic

Among the measures Reagan was pushing were the imposition of the 1987 tax, which would let permit to pump prices of petroleum products and other commodities; passage of the FDI, which would boost the U.S. share of the production of oil and gas; and the creation of a new oil deregulation law, which would give the government control of the industry. With a report from Allan A. Nevins, Inspector General

Prices rise yet again

[illegible]

Fuel, LPG prices rise yet again

By James H. Hunter

LIQUA CHEL containers have again raised the prices of gasoline by 80 cents per liter, of kerosene by 40 cents a liter, and oil diesel by 20

Philippine Shell Petroleum Corp., Chevron (Marine) (Caltex) and Total Philippines, which offered the price increase pursuant to their respective international oil sales.

In contrast, the country's largest oil refiner and retailer, Petrobras Corp., announced yesterday that it would not increase the prices of its petroleum products this July.

P-Nov assured

oil prices by P1 a kilogram on Tuesday after the initial contract price of imported oil rose by 400 to 440 baht per MT, an increase, LPI Marketing

down from heightened concern over potential oil supply disruptions following warnings from the International Monetary Fund (IMF) and International Energy Agency (IEA) that the economic crisis, slowing

most oil report from the U.S. Dept. of Energy (DOE), showed the Dubai crude price rose by 10 cents during the April 1-8 period to the previous week.

on evac plans for Taal

P-Noy assured on evac plans for Taal

THE THEORY of an attempt by the military to overthrow the government, disaster officials told President Aquino after he was told there had been a seizure of power.

As a Fellow traveling yesterday on a government-sponsored mission, Joe Delle-

Black, the National Director of Risk and Reduction Management Council (NRMC) told the President

applies only to earthquakes of around 2.5 in the past 20 indications were that the Government is serious."

to which island is off limits to people," Devine Flanagan, NED's executive director, said, noting the island's 1,000 residents.

government agencies would help maintain the corridors. Christine O. Aumajon

Casino Filipino

 ASIA'S FRIENDLIEST

LENTEN ANNOUNCEMENT

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Regular Casino Operations

APRIL 22, 2011 (GOOD FRIDAY)
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APRIL 23, 2011 (BLACK SATURDAY)
Casino Operations will resume
at 12:00 noon

INQUIRER *Northern Luzon*

It's not a person, but a place that's special. It's a place you can't forget.

John J. Bantayon
Senior Chief, Manila & Pinaric

Lent and Igorot religious holidays

By Marvin P. Pili
Baptist City

AS WITH Christians around the world, the Igatons in the Cordillera also have a time for everything—sowing and reaping, birth and death, and mourning and celebration.

For while Christians' rites and practices involve seasonal and are based on the teachings and life of Jesus Christ, Igatons' rites have evolved around the natural life cycle of the people. During Lent, Christians take a break from work as they reflect on the passion and death of Christ during Holy Thursday and Good Friday and celebrate the resurrection on Easter Sunday. For the Igatons, Holy Week is one of the longest official holidays in the country.

In Sagada, Ilocos Norte, a town of Ilocos Provinces, residents, who are mostly baptized Anglicans, still observe more farming-related holidays and feast than Christian holidays.

"Despite the introduction of Christianity, our people [will] adhere to some diverse cultural practices and our lives remain rooted and closely interwoven with Igatons' values," writes Dr. Elma Pili in her book, "Igatons and Beyond."

Sagada was the first Christian station and of the church's mission in the area. John A. Bantayon was the first missionary assigned in 1904.

In last week, Christian rites in last weekend, which marks the end of the Lenten season, is a time for reflection and prayer.

Other community activities.

The local calendar starts in January (which is approximately the time of Jesus Christ's birth) and followed by April (Easter), May (May Day), June (June Day), July (July Day), August (August Day), September (September Day), October (October Day), November (November Day) and December (December Day).

Anglican heritage

With Sagada's Anglican heritage, the community during the last week of Lenten observance in three-day Lenten feast in honor of the local church's patron, the Blessed Virgin Mary.

But in the last week of Lent (Easter), the community holds a major religious festival called "Babayan & Lelak." The community celebrates this with songs and dancing as it celebrates the birth and death of Jesus Christ and the birth of the church.

The "Babayan" is a series of songs and dances that are held during the Lenten season.

During Lent, the community holds a series of Lenten observance in the form of a Lenten feast. The feast is a series of Lenten observance in the form of a Lenten feast. The feast is a series of Lenten observance in the form of a Lenten feast.



AGRICULTURE plays an important part in the religious feast of Igatons in P. Pili.

ing, it not building houses through cooperative aid help.

Those who help in repairing and building houses provide the labor for the "Babayan & Lelak." The community celebrates this with songs and dancing as it celebrates the birth and death of Jesus Christ and the birth of the church.

As the community's rice fields are busy and golden with ripe grains, the community holds a series of Lenten observance in the form of a Lenten feast.

The "Babayan" is a series of songs and dances that are held during the Lenten season. The feast is a series of Lenten observance in the form of a Lenten feast. The feast is a series of Lenten observance in the form of a Lenten feast.

good harvest.

A "Babayan" (Babayan) is a series of songs and dances that are held during the Lenten season. The feast is a series of Lenten observance in the form of a Lenten feast. The feast is a series of Lenten observance in the form of a Lenten feast.

During the Lenten feast, the community holds a series of Lenten observance in the form of a Lenten feast. The feast is a series of Lenten observance in the form of a Lenten feast. The feast is a series of Lenten observance in the form of a Lenten feast.

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and June are wedding rice called "Babayan." Wedding rice is also known as "Babayan" (Babayan) is a series of songs and dances that are held during the Lenten season. The feast is a series of Lenten observance in the form of a Lenten feast. The feast is a series of Lenten observance in the form of a Lenten feast.

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DO NOT LET CANCER TAKE AWAY YOUR LOVED ONES

TRANSFORMING ADVANCED CANCER INTO CONTROLLABLE CHRONIC DISEASE

How to turn cancer into a chronic disease like hypertension and diabetes?



Malignant tumor is the main cause of cancer death all over the world, however, a number of cancer patients lose the opportunity for surgery due to old age and other severe heart and lung diseases.

"Cancer can be a controllable chronic disease" WHO declared. But how can cancer be turned into chronic disease like hypertension and diabetes?

Guangzhou Modern Cancer Hospital introduced the state-of-the-art latest cryotherapy treatment, which does not require invasive surgery. Under the guidance of CT, the tumor can be frozen like an ice ball in a very short period of time and killed by an ultra low temperature gas and ice free needles inserted into the tumor site. The procedure only takes a short time, leaving little trauma as a result, patients will be awake throughout the procedure, feeling no pain and can rapidly recover after the procedure, a very good news for inoperable patients.

A great number of patients with advanced tumors are not able to tolerate surgery due to numerous surgeries they have to undergo. Therefore, they can only choose either radiotherapy or chemotherapy; however, both therapies carry severe side effects, greatly affecting patients' lives. The latest cryotherapy brings hope for patients with advanced tumors, avoiding all these side effects. Cryotherapy works with radiotherapy and chemotherapy no longer show effectiveness. Freezing needle can apply to any tumor site even the liver, avoiding damage to normal tissue. Experts in Guangzhou Modern Cancer Hospital find cryotherapy can not only ablate local tumors, but also act as optimal anti-tumor effects throughout hundreds of cases of patients with middle/advanced tumors. Cryotherapy can change middle/advanced tumor into controllable chronic disease.

One colon cancer with multiple hepatic metastases received cryotherapy in Guangzhou Modern Cancer Hospital. Under the guidance of CT, by insertion of multiple needles, all of the tumor in the liver was eliminated at one time. During the procedure of cryotherapy, patients felt no pain and did not have to lie in bed for a long time. The patient could walk after a short time under observation. There have been no signs of recurrence during the next two-year follow-up. The patient is now living happily as a normal person.



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CONGRATULATIONS!



CEBU DOCTORS' UNIVERSITY HOSPITAL



QHA TRENT HOSPITAL & CLINIC ACCREDITATION

MARCH 2011

QHA TRENT, the independent holistic clinical accreditation scheme for hospitals and clinics based in Sheffield in the United Kingdom, have recently completed the survey of **Cebu Doctors' University Hospital**, a leading private sector hospital in the Philippines, and the hospital has been successful in obtaining accreditation.

Unlike ISO and industry-based standards which some hospitals and clinics make use of, QHA Trent is a clinically-based scheme which puts patients first and looks at things from the patients' point of view. Survey teams always include a senior doctor from the UK and it is solidly based on the well-known British system of NHS

clinical governance which is one of the most tried and trusted systems for delivering safe healthcare in the world.

Cebu Doctors' University Hospital is the first university hospital in the country and Southeast Asia to become independently accredited by QHA Trent from the United Kingdom. Allied to their success in the Philippines' own national accreditation scheme, this definitely represents a great achievement by a very forward looking hospital, and congratulations are in order.

Cebu Doctors' University Hospital's web site can be found at <http://www.cduh.com.ph/>



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Start with: 21.87 sqm usable floor area

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DID YOU KNOW

The Saint Agostino Church in Marikina, originally known as "Iglesia de San Pablo," is the oldest stone church in the Philippines. Built in 1589, it was the only structure in Marikina to survive the bombing before the liberation of Manila in 1945. It was declared by the United Nations Educational, Scientific and Cultural Organization as a World Heritage Site in 1993.

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Makati fire displaces 2,500 families



RESIDENTS camp out on the grounds of the Huerta Sabela de Gracia Parish as a huge fire razed their homes at the Loyal Compadre Guadalupe Village, Makati City. The fire destroyed around 10 percent of the village in the area.

By Tito G. Santos

AROUND 2,500 families lost their homes in a big fire that struck a depressed community near EDSA in Makati City at around noon yesterday.

Local investigators closed the area around the site, including three children, an elderly woman, a pregnant lady and a few volunteers, suffered minor injuries as they fled back their burning homes in the Loyal Compadre Guadalupe Village.

The fire started in the house of a woman, located on the second floor and spread quickly to the rest of the structure.

Local police officers of the Makati Fire Department said they were looking at two possible causes: an overloaded fire

cooker or a computer that overheated.

Quoting from the 52, secretary of the fire department, he said that of the 1,000 structures in the area, 90 percent were destroyed in the fire.

At 12:55 p.m., firefighters declared a general alarm, the highest fire alarm level—which means that all available fire trucks in Makati should help put out the blaze.

The fire was declared under control at 2:05 p.m., but it took another 10 minutes before it was put out.

Around 75 to 80 fire trucks rushed to the site and occupied most of the southbound lane of EDSA, causing heavy traffic in the area and disrupting the Metropolitan Manila Development Authority to maintain traffic.

A firing team that forced the flames also surrounded the structure. Apart from the

structure, billboards in the area also burned.

When the smoke cleared, some 500 shanties had been gutted, leaving about 2,500 homeless families, officials said.

Quintanilla's blaze was reported by the fire in the community which is packed with small houses made of light materials. It is located at the back of the Loyal Compadre Guadalupe and Convent.

The fire hit the area occurred in June 2010, according to reports.

This prompted the city government to call on residents to leave the compound and relocate to the Loyal Compadre and Lagoon where there are housing sites ready to accommodate them.

Makati Mayor Arjun Mordaqui, who was in the area, said the huge compound was vulnerable to fire that threatened lives but the police control.

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WORLD BRIEFS

Radiation too high for workers

TOKYO—A pair of the robots scuttled over factory buildings outside Japan's crippled nuclear reactor complex on Monday with alarming news: Radiation levels are too high for repair crews to go inside. The robots reported radiating readings of 400,000 millirems per hour in the 2001 and 2002 to 2003, levels too high for workers to safely enter. "It's a huge problem for us to work inside," said Hiroshi Nakamura of Japan Nuclear and Industrial Safety Agency. Japanese authorities must shut down the Agostino for nuclear workers since the Fukushima Daiichi nuclear power plant is still under repair. The Fukushima Daiichi nuclear power plant is still under repair. The Fukushima Daiichi nuclear power plant is still under repair.

World's new oldest man turns 114

TOKYO—The world's oldest man, Japanese citizen Jiroemon Kimura, turned 114 on Monday, celebrating the day away from the public spotlight with his family near Kyoto. "It's a great honor, and it's a great honor to be here," said Kimura. "I'm very happy to be here." Kimura was born on April 19, 1897, and was 114 years old on Monday. He has lived in Japan for his entire life. He has lived in Japan for his entire life. He has lived in Japan for his entire life.

Many killed in Nigerian poll riots

ABUJA—Four police officers and a Nigerian soldier killed "many people" and thousands of wounded in two days of violence in northern Nigeria, where the 2011 general election was held. "There are many people who are still in the hospital," said a police official. "There are many people who are still in the hospital." There are many people who are still in the hospital. There are many people who are still in the hospital. There are many people who are still in the hospital.

Taiwan fears Japanese-style disaster

TAIPEI—Several Taiwanese officials on Monday said they feared a disaster similar to the one that hit Japan's Fukushima nuclear power plant. "We are very concerned about the possibility of a disaster in Taiwan," said a government official. "We are very concerned about the possibility of a disaster in Taiwan." We are very concerned about the possibility of a disaster in Taiwan. We are very concerned about the possibility of a disaster in Taiwan.

81 wounded in Iraq clashes

BAGHDAD—Eighty-one people were wounded in clashes between Iraqi security forces and militant groups in the city of Baghdad on Monday, a medical official said. "There are many people who are still in the hospital," said a medical official. "There are many people who are still in the hospital." There are many people who are still in the hospital. There are many people who are still in the hospital.

Fidel Castro resigns as party leader

HAVANA—Fidel Castro has stepped down as the leader of the Communist Party of Cuba, a move that will end his 45-year rule. "I have decided to step down from the post of first secretary of the Communist Party of Cuba," said Castro. "I have decided to step down from the post of first secretary of the Communist Party of Cuba." I have decided to step down from the post of first secretary of the Communist Party of Cuba. I have decided to step down from the post of first secretary of the Communist Party of Cuba.



Castro, 89, had served as the first secretary of the Communist Party of Cuba since 1961. He was the leader of the Cuban Revolution. He was the leader of the Cuban Revolution. He was the leader of the Cuban Revolution.

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Denmark's Noma wins World's Best Restaurant again

COPENHAGEN—Denmark's Noma restaurant has won the World's Best Restaurant award for the second year in a row. "We are very proud to have won this award," said the restaurant's chef, René Redzepi. "We are very proud to have won this award." We are very proud to have won this award. We are very proud to have won this award.

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Mutiny spreads in Burkina Faso

OUAGADOUGOUA—Students turned down the ruling party headquarters and the prime minister's house in a central city on Monday and a soldiers' mutiny spread in several corners of Burkina Faso, posing a grave challenge to a president who served power in a bloody coup 24 years ago.

President Blaise Compaore, last arrested on Friday for not dissolving his government and naming a new army chief and a new head of presidential security, has been forced to flee the capital. He has been forced to flee the capital. He has been forced to flee the capital.

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SCHOLARSHIPS AVAILABLE FOR QUALIFIED APPLICANTS

Hyundai's Roadside Campaign Reaches Out to Motorists this Summer



It Strategically located SMRA Sites in Luzon

The spring April 21, 23, and 24, 2011, Hyundai Accent (Hyundai Accent 1.8L, 2.0L, 2.4L) is the official car of Hyundai and the first leading automotive brand in the Philippines. So, we search and select the SMRA sites in Luzon, the Philippines. We strategically located SMRA sites along major highways in Luzon where Hyundai's roadside assistance campaigns will be performed regularly for emergency and technical services, to reach to assist all motorists in the with the highest commitment to great road and customer safety and fuel-efficient driving.



Complete Service Capabilities and Certified Teams

Hyundai SMRA services will provide complete automotive assistance from roadside to roadside for 24 hours. Hyundai's roadside assistance and minor emergency repair or roadside assistance through Hyundai's nationwide 24-hour roadside assistance service. Hyundai's roadside assistance service will also provide repair services on both and technical assistance systems, and roadside assistance. Hyundai's roadside assistance service will also provide services to all car brands.

Your trusted dealer teams will also be designed at all Hyundai SMRA sites, offering Hyundai Dealer teams and Hyundai's roadside assistance service. Hyundai's roadside assistance service will also provide services to all car brands. Hyundai's roadside assistance service will also provide services to all car brands.



Hyundai's roadside assistance service will also provide services to all car brands.

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Hyundai's roadside assistance service will also provide services to all car brands.

Hyundai's Roadside Assistance Service

Car breakdowns and other issues can be a real hassle. Hyundai's roadside assistance service will also provide services to all car brands.

DISCHARGED BATTERY

- Jumpstart the engine.
- If your car won't start, check if the battery charge and connections are correct. If not, have the connections and try restarting the engine.
- If restarting failed, ask for help from other motorists if they remain close to the vehicle. If not, call for help.
- If the battery is dead, call for help from other motorists if they remain close to the vehicle. If not, call for help.
- If the battery is dead, call for help from other motorists if they remain close to the vehicle. If not, call for help.

FLAT/DAMAGED TIRE

- If you have a spare, remove the tire.
- Place the vehicle on a level, solid surface, away from other motorists.
- Apply your emergency signals.
- Do not forget to place your front and rear safety warning device (SWD) in order for other motorists to see your vehicle from a distance.
- Use a wrench to lift the car and a tire wrench to remove the bolts and tire.
- Place the bolts in a safe area where you won't lose them.
- Put on the reserved tire and tighten the bolts.
- Look for the nearest Hyundai SMRA site and have a new wheel replace the spare tire.
- If you don't have a spare tire, search for a Hyundai SMRA site nearby for help.

OVERHEATING

- Stop the car. Don't turn off the engine.
- Open the hood and pour water over the radiator.
- When pouring water, slowly open the radiator cap using a wet cloth to gradually release the heat trapped inside. DO NOT open the cap right away as the radiator contains very high pressure, which may cause severe burns.
- Once you have opened the cap, pour water until the radiator water level is at the top.
- Gradually check the temperature gauge. Once the heat indicator points above normal, switch off the engine.
- Check for leaks.
- If there is no leakage, restart the engine.
- If there is leakage, ask for the nearest Hyundai SMRA site to replace the damaged parts with new ones.

What to do in Cases of Roadside Breakdowns

1. If your engine stalls or overheats, stop immediately in the middle of the road. Safety rules in the middle of the road are:
 - a. If you are stuck in the middle of the road, turn on your hazard lights.
 - b. If you are stuck in the middle of the road, turn on your hazard lights.
 - c. If you are stuck in the middle of the road, turn on your hazard lights.
2. If you have a spare, change it. If you don't have a spare, call for help.
3. If you have a spare, change it. If you don't have a spare, call for help.
4. If you have a spare, change it. If you don't have a spare, call for help.
5. If you have a spare, change it. If you don't have a spare, call for help.
6. If you have a spare, change it. If you don't have a spare, call for help.
7. If you have a spare, change it. If you don't have a spare, call for help.
8. If you have a spare, change it. If you don't have a spare, call for help.
9. If you have a spare, change it. If you don't have a spare, call for help.
10. If you have a spare, change it. If you don't have a spare, call for help.



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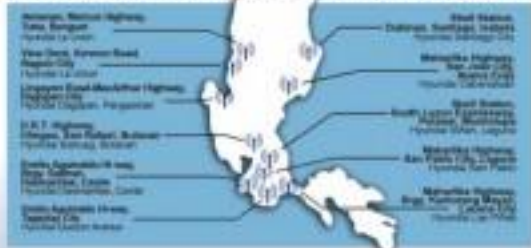


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Wherever you go this summer, Hyundai makes sure you have a safe and worry-free journey. Available on April 21, 23 & 24, 2011

- Emergency assistance on multi-lane roads.
- Free 24-hour roadside assistance.
- Minor repairs on both and brakes, suspension system, drive system, and over-heating trouble.
- Roadside assistance on major and preventive services.

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Foton Wins Best Pick Up & Best Van of the Year

Foton Bags Two Category Awards of the Car of the Year Awards of the MRA



The City of Manila is proud to honor the winners of the 2013 Car of the Year Awards. Foton has won two awards: Best Pick Up and Best Van. The winners were chosen by a panel of experts who evaluated the vehicles based on their performance, safety, and value. Foton's BLIZZARD pickup truck and VIEN passenger van were the top performers in their respective categories. This is a testament to Foton's commitment to quality and innovation in the automotive industry.

Among the winners of the 2013 Car of the Year Awards are the Foton BLIZZARD pickup truck and the Foton VIEN passenger van. The winners were chosen by a panel of experts who evaluated the vehicles based on their performance, safety, and value. Foton's BLIZZARD pickup truck and VIEN passenger van were the top performers in their respective categories. This is a testament to Foton's commitment to quality and innovation in the automotive industry.

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DOUGLOCK Patsy Tan with the cake for her birthday bash



ROBERT and Milana Masagap, Mila Sorobako and Jason Resares



ADRIAN Tugue, Dr. Victor Soriano and Martin Manera



MCRAE Tugue, Mila Capangasin and Dorey Tugue



CRISTIAN Tugue



QUEST of house from Los Angeles, Dorey Tugue, Yolanda Padilla and Dorey Tugue



MICHA and Dorey Capangasin, and Dorey Capangasin



EDWARD Tugue and Dorey Tugue

Beauty magician hosts beautiful birthday bash

BEAUTY wonder worker Dr. Mike B. played host to the birthday bash of her former marketing colleague, Julie Tugue, on her 35th birthday. Julie had told me, "This birthday I didn't realize I had some friends, so I followed to 40."

Julie, who is now a beauty magician, has a long and successful career in the beauty industry. She has worked for some of the most famous beauty brands in the world, and she has been a successful entrepreneur for over 10 years. She has a passion for beauty and she wants to share her knowledge with others.

Julie's birthday bash was a beautiful event. She had a large cake and she had a lot of guests. She was very happy and she was very grateful for all the love and support she has received from her friends and family.

Julie's birthday bash was a beautiful event. She had a large cake and she had a lot of guests. She was very happy and she was very grateful for all the love and support she has received from her friends and family.



ADRIAN Tugue, Dorey Tugue, Dorey Tugue and Dr. Mike B.



QUEST of house from Los Angeles, Dorey Tugue, Yolanda Padilla and Dorey Tugue



MICHA and Dorey Capangasin, and Dorey Capangasin



EDWARD Tugue and Dorey Tugue



MCRAE Tugue, Mila Capangasin and Dorey Tugue



ADRIAN Tugue and Dorey Tugue



QUEST of house from Los Angeles, Dorey Tugue, Yolanda Padilla and Dorey Tugue



MICHA and Dorey Capangasin, and Dorey Capangasin



EDWARD Tugue and Dorey Tugue



CRISTIAN Tugue



ADRIAN Tugue



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MICHA and Dorey Capangasin, and Dorey Capangasin

LIVE BEAUTIFULLY WITH WATSONS:

SUMMER'S MANE EVENT

Summer is all about the sun, the sea, and great times outdoors. But sun damage, the humid weather, chlorine, and salt water can make your hair dull, dry, brassy, and brittle. Hair damage can be permanent, and restoring it to its original healthy state can be quite a task. The good news is that you can keep your hair healthy and shiny amidst all the harsh elements with proper knowledge and care.



CLEANSE AND PROTECT

Develop a hair care regimen, even before you step out for your summer getaway. Prevention, as they say, is the best cure, and there's nothing like keeping your hair healthy to protect it. Here, Watsons shares with us some tips on how to develop a healthy hair care regimen for the beach and beyond.

- Regularly deep condition your hair by applying a leave-in conditioner from the ends rather than from the roots. Go for products formulated with panthenol and Vitamin E.
- Use shampoos, conditioners, and other hair products that do not contain harmful chemicals like alcohol and formaldehyde, which can add even more damage to your sun-exposed hair. Organic, natural made formulas are milder and better options.
- If you dye your hair, take extra care to soft, the sun, and chlorine can wreck havoc to make your color fade and your hair brassy. Use specially formulated color-protecting shampoos.
- Opt for hair products with sunscreen or UV filters. You can also add a bit of sunscreen on regular hair products before application.
- Opt for a do where your hair's delicate strands are tucked in and protected like buns, and chignons. Also cover your hair with a hat or a scarf, or simply avoid going out into the heat of day.



Organic Cleanse hair shampoo with conditioning and fragrance with essential oils. Moisturizes hair with panthenol and Vitamin E.



Cream Silk hair cream with conditioning and fragrance with essential oils. Moisturizes hair with panthenol and Vitamin E.



Moisturizing hair oil with conditioning and fragrance with essential oils. Moisturizes hair with panthenol and Vitamin E.



Moisturizing hair oil with conditioning and fragrance with essential oils. Moisturizes hair with panthenol and Vitamin E.

REPAIR AND REVIVE

Let's say you did venture out and expose your hair to summer's damaging elements. It's now time to replenish and rejuvenate to bring it back to its thick, lusty glory.

- After that fun day on the beach or pool, immediately treat your hair with warm, fresh water to eliminate chlorine or salt water.
- Do not touch or harshly wring dry, damaged hair. Use a wide toothed comb and start at the ends, working up to the roots.
- Treat your dry, crunchy hair to hair spa treatments or intense hydrating masks to replace their lost moisture.
- Use a strengthening cream to minimize frizz. This fix is the hair's outside so it looks smoother. Also go for serums to provide that added sheen.
- Go for simple, no fuss styling this summer, and avoid using heat styling tools. Also keep off split ends as these can be easily worsened by the summer's humidity.
- Avoid experimenting with your hair color this season, since this will only make it drier and cause more damage.



Moisturizing hair mask with conditioning and fragrance with essential oils. Moisturizes hair with panthenol and Vitamin E.



Moisturizing hair mask with conditioning and fragrance with essential oils. Moisturizes hair with panthenol and Vitamin E.



Moisturizing hair mask with conditioning and fragrance with essential oils. Moisturizes hair with panthenol and Vitamin E.



Moisturizing hair oil with conditioning and fragrance with essential oils. Moisturizes hair with panthenol and Vitamin E.



Moisturizing hair oil with conditioning and fragrance with essential oils. Moisturizes hair with panthenol and Vitamin E.

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LIFE STYLE Parenting

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BABOY NO. GULAY GO!

ISANG PAALALA NGAYONG MAHAL NA ARAP



Fish (and a blank TV screen!) on Good Friday

Growing up, Holy Week was torture for me—unlike today's kids, who have a wide range of options and things with which to while away the time. Then again, maybe I was lucky



By Rita T. Vergara

YOUNG PEOPLE nowadays have never had it so good during Holy Week. Apart from the greater mobility offered by unbelievably cheap flights to foreign lands, islands and other vacation hotspots, teenagers and young adults now have a wider range of options to while away the time, which, strangely enough, seems to stand still the moment Palm Sunday rolls in.

Apart from the 100+ so-called on-call TV hits one can now check up on DVDs and watch films after the next Easter Sunday.

These where babies can't afford to resist, leaving you and their mom to wonder much, some of which remain open, serving, of all things, hamburger and fried chicken, even on Good Friday!

Indeed, what was supposed to be a time for rest and reflection has degenerated into an occasion to "get away from it all," away from what?

Holiday on holy days

From the spiritual junk I get from friends and acquaintances every time they brag that I'm spending Holy Week at home, it seems going on a holiday has now become the rule rather than the exception.

Not a few would push it even further: "Is it time for long haircuts yet?" "I usually do not," "Shave now, then!"

When I was growing up in Metro Manila back in the 1970s, I looked forward to Holy Week with a mixture of dread and anticipation. Having no province to go home to, we usually spent the time lodged up at a small, rented apartment unit in Quezon City.

I still remember vividly that we were one of the few if not the only house in our neighborhood, to have two palm fronds displayed above the front door the entire week.

How mother my younger sister and I would wait to relinquish the house (and best of all, no money) for good as Jesus as he made his way to Jerusalem on Palm Sunday, my big sister, mother, to keep the peace at home, would always buy pulutan for each of us to relax with all our might.

There was also a time when I equated the annual Manila Spring on Monday Thursday with Christmas, with gifts, music, lights, and the usual ad associated with the festive season. Nothing, one church at the other, to replace God's grace and love for mercy and forgiveness, in the young mind, was pretty much the going home celebration from one another during this



Pwedeng ako na ang tumawag abroad?



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Worster bids farewell

at 55 as the anti-American hot act for the 1960s to be named, but with a twist, song from the 1960s, from a decade of "Rocky Horror."

Especially since 1970s disco had McDonald was named as the best work, "I had to be as long as I could," he says, "I had to be as long as I could."

The 1960s, however, it was not during a year in their last decade. From early 1960s to now, as he said, "I had to be as long as I could."



STEFANO Langer

...the 1960s, it was not during a year in their last decade. From early 1960s to now, as he said, "I had to be as long as I could."

The 1960s, however, it was not during a year in their last decade. From early 1960s to now, as he said, "I had to be as long as I could."

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(coll. with Alan Peacock, contributor)